

The Pinnacle View

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Updates from the President

We continue to honor employees of the quarter in the newsletter that complete quality documentation by the policy deadline and comply with Human Resource guidelines. Congratulations and thank you to all employees who met all criteria for the quarter.

During the month of September 2013 all employees received a Notice of New Health Insurance Coverage Options for 2014. This notice was required by the Affordable Care Act ("ACA") regarding coverage options that you have for 2014 as part of the Health Care Reform law. Hopefully, this was helpful information.

All employees that average 30 hours per week should have received a survey regarding health insurance. This survey should have been returned to the administration office by July 1, 2014. Our health insurance carrier needs this information to determine participation and premium costs. If you received this survey please return it. There will be more information to come in the next couple of months regarding the Affordable Care Act.

Best Regards,
D. Michael Best, President

Payroll Platform



Please remember that timesheets are due in the office every other Monday by 12 noon. This is important because payroll has to be completed by Thursday to be able to have checks available to be mailed and pick up by Friday. It makes it extremely complicated to complete 200 checks when timesheets are still coming in on Thursday. So please be mindful and adhere to the policy on turning in timesheets because checks cannot be guaranteed if timesheets are not turned in on time. Thank you for your cooperation.

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Office Closed

Labor Day
9/1/2014
Thanksgiving
11/27/2014
Christmas
12/25/2014



Nurse's Nook

Healthy Eating Tips



Don't skip meals

Drink water-Avoid soda and sweetened drinks.

Eat lean protein-Protein is the most prevalent material in your body. Protein helps keep muscles strong. Good sources of lean protein are dairy products, soy products, meat (lean meat is also an excellent source of iron), fish, and poultry.

Choose more whole grains-Choosing whole grains, (whole wheat breads and high-fiber cereals) helps achieve your fiber needs; and reduce your risk of diseases (colon cancer & heart disease). Fiber also makes you feel full while helping to control your blood cholesterol and blood sugar.

Eat more vegetables and fruits-A healthy diet should contain at least five servings of vegetables and fruits each day.

Exercise-20 minutes a day, 3-5 days a week is the standard recommendation. Consistent exercise (Walking, swimming, jogging, weight lifting, bike riding, and aerobics) decreases risk of diabetes, heart disease, and prolong

Q's Quadrant

In an effort to improve employee morale a committee was established to put together what we are calling **THE EMPLOYEES OF THE QUARTER**. To qualify for the employee of the quarter you must meet certain criteria; your documentation and timesheets must be turned in on time and correct, you must have all compliance issues taken care of, and no disciplinary actions notices within the last year.

This quarter's acknowledgements are:

Deborah Reed, supervisor Leah Byrum, employed 4 years

Chasity Lawless, supervisor Dawn Teachey, employed 7 years 11 months

Ruth Newton, supervisor Richelle White, employed 5 years 11 months

Patricia Lockey, supervisor Bobby Hutchison, employed 14 years 2 months

Janice Roberson, supervisor Raymond Henderson, employed 2 years

Evette Sawyer supervisor Deann Wetherington, employed 1 years 6 months

Nona Maysey, supervisor Donna Spivey, employed 6 years 4 months

Selena Fleming, supervisor Susan Harrison, employed 9 years 9 months

Mary Hill, supervisor Joyce Savage, employed 14 years

(In order to give everyone an opportunity to be recognized we will randomly acknowledge one qualifying employee per QP every quarter. So if you do not see your name that does not necessarily mean you will not be acknowledged.)

Thank you all so much for your efforts in being great **EMPLOYEES OF THE QUARTER**

Quality Assurance

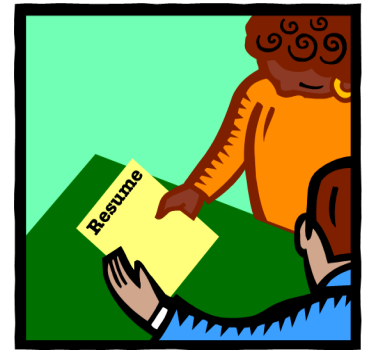
PCS in-service training will held at Sheppard Memorial Library on October 15, 2014 from 9am-2pm. Sign up sheet will be available closer to that date. Please call Susan Joyce or Myiah with any questions



Client's Rights and Quality Assurance meetings are held every quarter. We are in need of staff and parent/guardians to attend and participate in these meetings. If you are interested, please contact Joyce Savage or Susan Harrison for information.

Human Resources

It's that time again. Thanks to everyone who showed up for the first in-service training meeting. Jeopardy was really interesting!! The second one will be held October 22, 2014. A sign-in sheet will be at the front desk when that time approaches. Remember in-service training is required as a part of your job responsibility. Thanks for your cooperation and see you soon!



Inside Story Headline



What's Happening...

- Friday Fun Nights @ Drew Steele Center cost \$3 6p-8p September 12th and November 14
- Costume Party @ Drew Steele Center cost \$2 and a 2 liter drink or dessert October 29 6p-8p



The staff at Pinnacle Home Care would like to wish the following employees a very Happy Birthday.

July		August		September		October		November	
Cynthia Simmons	7/1	Rolanda Smith	8/2	Bernice Garnett	9/1	Talecia McCarter	10/5	Brenda Willis	11/1
Brandt Kime	7/3	Caroline Kinney	8/2	D. Edith Kavanaugh	9/1	Tammy Fornes	10/5	Felicia Simmons	11/2
Retrina Leonard	7/4	Tabitha Topping	8/3	Sallie Jennette	9/4	Savonne Griffin	10/8	Regina Edwards	11/3
Tanisha Jenkins	7/5	Naarah Outlaw	8/4	Richelle Joyner	9/6	Pamela Wright	10/8	Carrie Boyette	11/3
Stacy Waters	7/6	Peggy Anders	8/10	Jordan Waters	9/6	Wendy Staton	10/8	Charlotte Windley	11/3
Rosa Anders	7/7	Lumara Morales	8/11	Minnie Worsley	9/7	Madison Bourn	10/8	Anita Fenner	11/4
Evelyn White	7/8	Rondericka Tripp	8/13	Dequan Worsley	9/8	Mitchell James	10/12	Brittany Blocker	11/4
Chantell Ferguson	7/9	Jacqueline Newton	8/15	Briana Ebron	9/10	Amanda Massey	10/15	Cathy Hatcher	11/5
Myiah Gilbert	7/9	Elaine Fucito	8/15	Whitney Miller	9/15	Kianna Murchison	10/16	Lisa Avent	11/6
Niesha Pittman	7/9	Carlos Guilford	8/15	Kenyatta Speller	9/16	Rosa Mayo	10/18	Selena Fleming	11/6
Dawn Teachey	7/11	Yvonne Walston	8/17	Jerry Rascoe	9/18	Carolyn Haynes	10/18	Gino Downing	11/8
Regina White	7/12	Sakina Daniels	8/17	Jessica Parris	9/18	Julie O'Conner	10/19	Susan Adams	11/9
Clifton Smallwood	7/12	Valerie Hall	8/17	Mary Edwards	9/20	Michael Bowen	10/25	Gloria Anderson	11/10
Mario Satterthwaite	7/13	Shaniqua Cherry	8/18	Sandra Jordan	9/21	Santiago Nester	10/25	Peggy Williams	11/11
Anthony O'Neal	7/13	Lula Jennette	8/21	Erica Sears	9/23	Moore, Jacqueline	10/25	Lori Moore	11/11
Lashonda Jenkins	7/14	Yvette Mobley	8/22	Sheena Parker	9/24	Tinisha Tyre	10/26	Deann Wetherington	11/14
Lauren Credle	7/14	Raymond Henderson	8/23	Mary Pagara	9/24	Kasey Frazier	10/27	Rosa Parker	11/15
Shelina Bonner	7/17	Sandra Bryant	8/26	Louise Buffalo	9/25	Stephen Sessoms	10/29	Mable James	11/16
Bobby Hutchison	7/18	Siana Elliott	8/26	Diana Wilson	9/26			Charlemagne McCarter	11/17
Morgan Mills	7/19	Ali Kiser	8/26	Kristy Blount	9/26			Evette Sawyer	11/19
Donald Owens	7/22	Peggy O'Neal	8/27	Donna Johnson	9/28			Wanda Everett	11/20
Mattie Banks	7/26	Jeanette Deaver	8/28	Grace Hopkins	9/29			Ava Becklund	11/21
Havril Johnson	7/27	Megan Hurst	8/29	Tracey Norfleet	9/29			Kasey Downing	11/22
Delores Coffey	7/28							Wesley Davis	11/24
Erica Peele	7/29							Rosa Hankerson	11/26
Dimesha Woolard	7/31	Paula Harrell	12/1	Sonya Smith	12/11	Nikki Blount	12/22	Louvinia Woodard	11/27
		Lisa Jarman	12/1	Angie Parker	12/12	Malisia Rodgers	12/23	Annie Hall	11/27
		Sharon Adkins	12/3	Conell Blount	12/15	Andrea Furtado	12/23	Almissa Brockett	11/28
		Marleen Moore	12/5	Javon Brumsey	12/30	Carolyn Becklund	12/15	Catina Moore	11/29
		Marlen Luna	12/8	Lottie Ross	12/20			Emanuel Smith	11/30
		Krista Benbow	12/9	Chelsea Skurow	12/20				
		Deborah Rhem	12/10	Greta Cutrell	12/21				